Sexual Health in Staffordshire and Telford & Wrekin

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Objectives of the Training

- To update on community pharmacy sexual health services in
  - Staffordshire
  - Telford & Wrekin
- To understand the clinical, ethical, cultural, and legal aspects of providing sexual health services in pharmacy
- To consider how to discuss sexual health needs appropriately and sensitively
- Training, payments, signposting

Sexual Health Services from April 1st 2022

- **Emergency Hormonal Contraception (EHC)**
- **Chlamydia and Gonorrhea Testing**
- **Chlamydia Treatment**
- **Condom Distribution (C-card)**
- **Pregnancy Testing**

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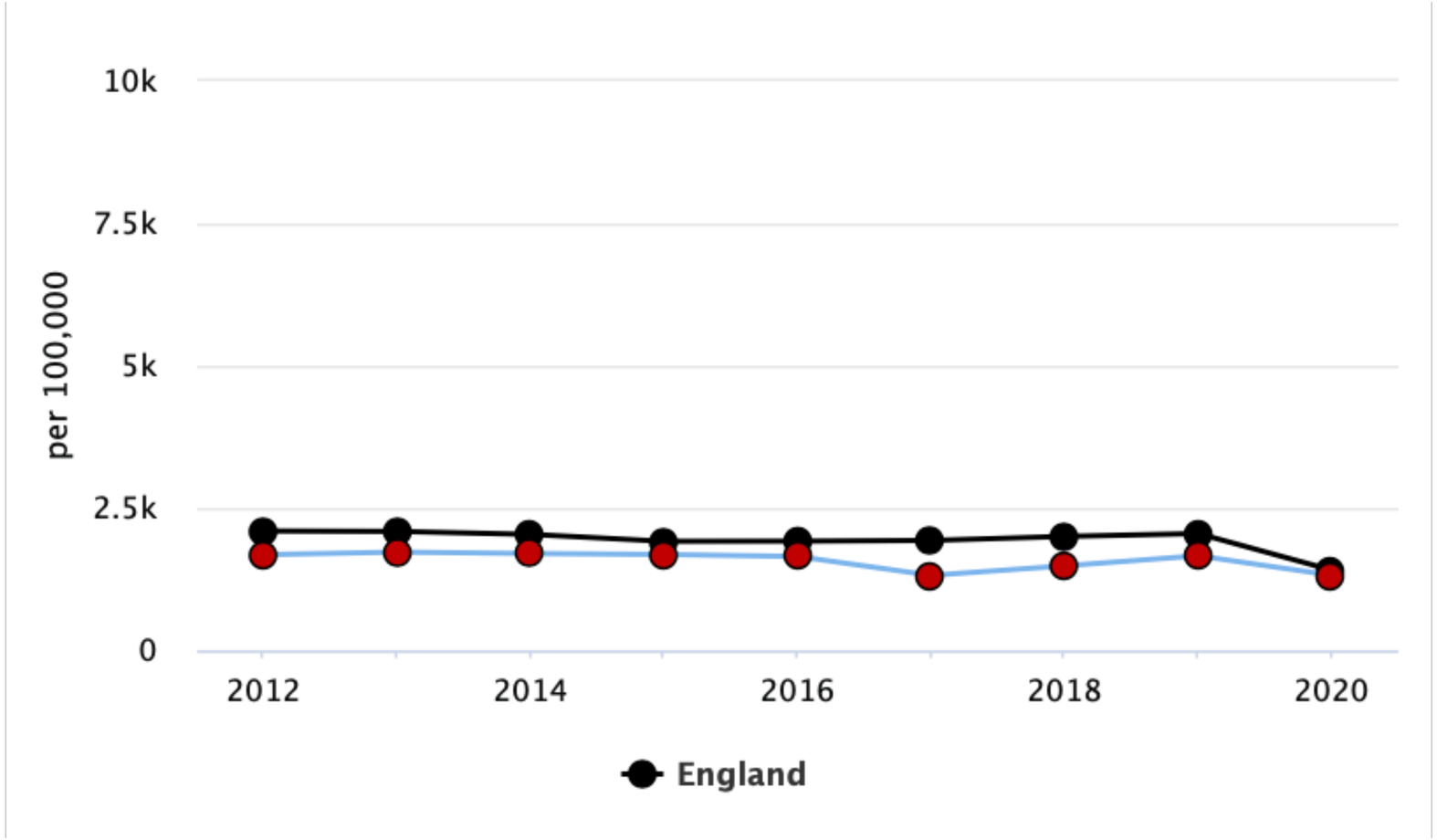
Legal Age of Consent

- Age of consent for heterosexual sex is 16
- Age of consent for homosexual sex is 16
- Sexual intercourse with a young person under 13 years of age is statutory rape (Sexual Offences Act 2003)

Fraser Guidelines

- The young person understands the advice being given.
- The young person cannot be convinced to involve parents/carers or allow the medical practitioner to do so on their behalf.
- It is likely that the young person will begin or continue having intercourse with or without treatment/contraception.
- Unless he or she receives treatment/contraception their physical or mental health (or both) is likely to suffer.
- The young person's best interests require contraceptive advice, treatment or supplies to be given without parental consent.

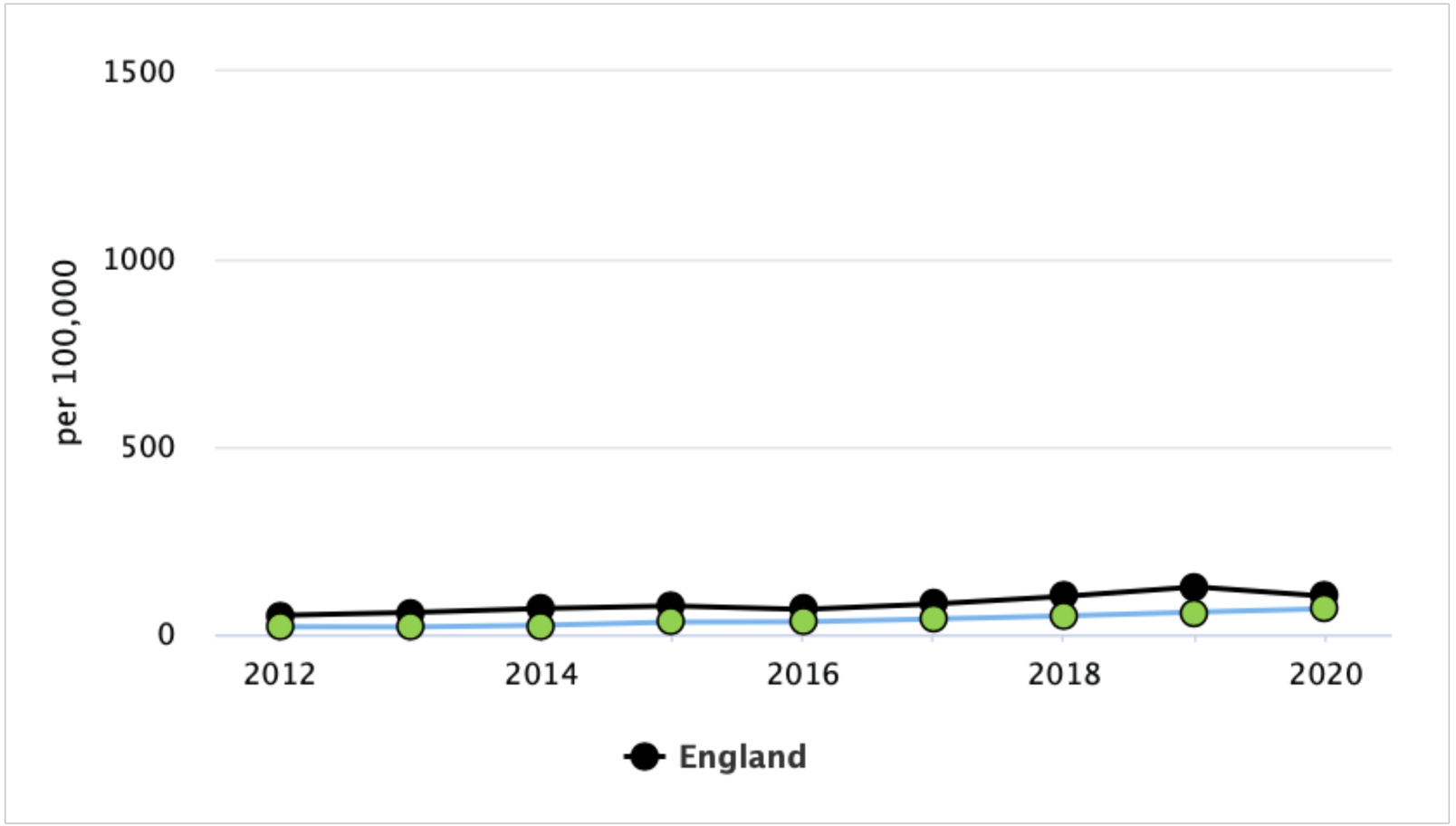
Staffordshire



Central Health

Chlamydia rate

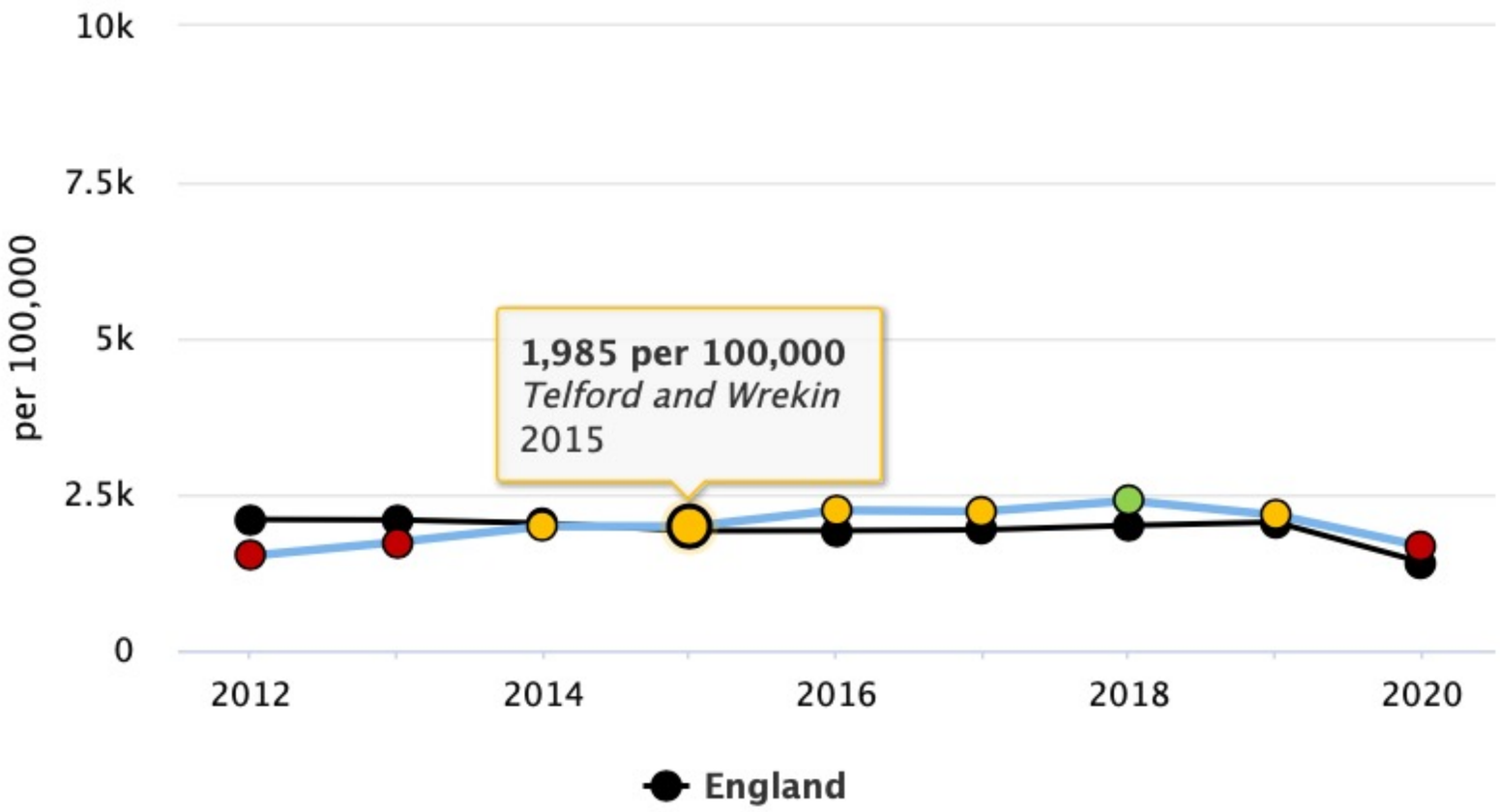
Staffordshire



Central Health

Gonorrhoea rate

Telford & Wrekin



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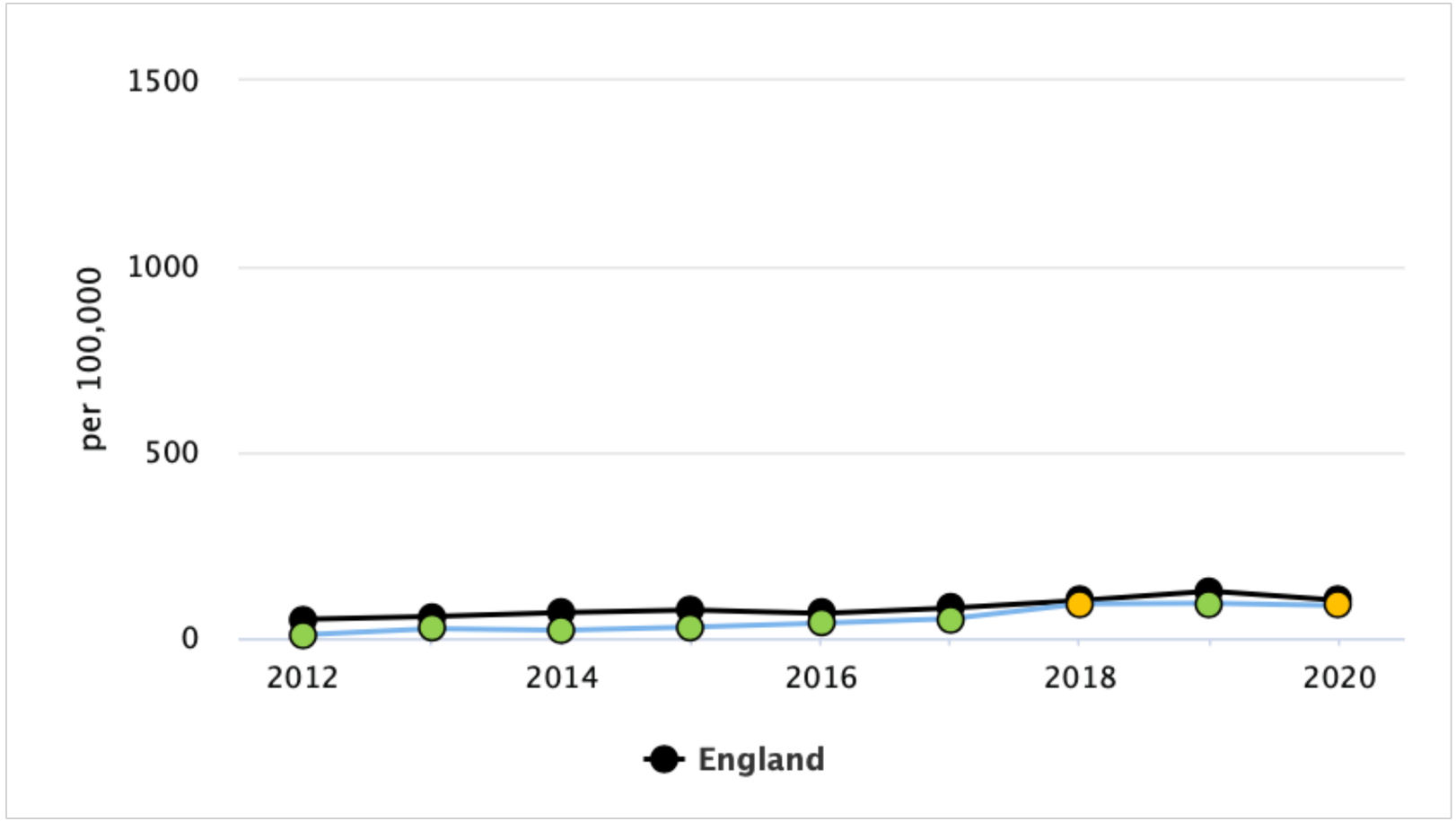
Chlamydia rate

Telford & Wrekin



Central Health

Gonorrhoea rate

Chlamydia and Gonorrhoea

Central Health

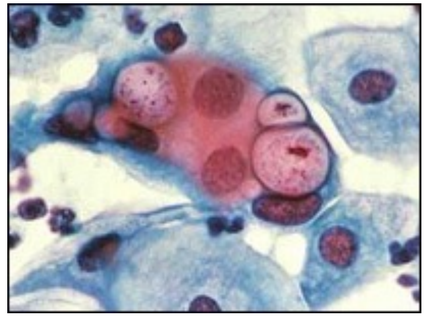
Chlamydia and Gonorrhoea

- Dual testing kits
  - male kits - self urine test
  - female kits - self vaginal swab test
  - post in prepaid packaging
- For asymptomatic patients
- Provided as ‘opt-out’ service as part of EHC service and as a standalone service
- Age 15-24 years

- Can be provided by any pharmacy staff
- Training - this session, or via training slides
- Details entered on Pharmoutcomes
- Payment = £1 per kit issued

Chlamydia

- Genital Chlamydia Trachomatis infection is the most commonly diagnosed bacterial STI in Gum clinics in the UK
- 1 in 10 to 1 in 6 people aged 15-24 test positive for Chlamydia
- At least 50% of men and 70% of women do not have any signs or symptoms



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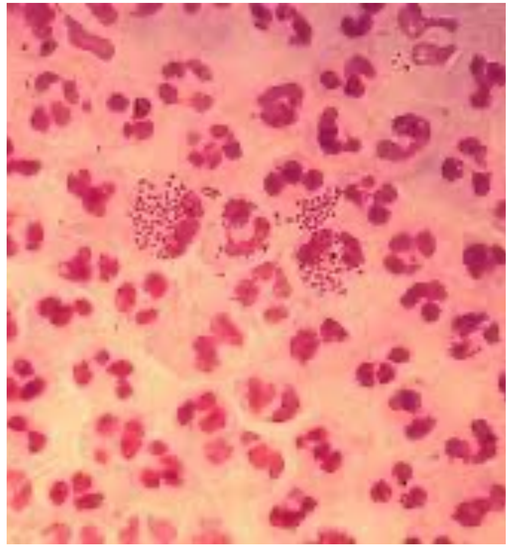
Chlamydia

- If left untreated can lead to ectopic pregnancy, pelvic inflammatory disease (PID)
- In pregnancy can increase the risk of premature labour, conjunctivitis and pneumonia in the baby

Gonorrhoea

- Neisseria Gonorrhoeae infection is the 2nd most commonly diagnosed bacterial STI in Gum clinics in the UK
- 1 in 10 men and almost half of women do not experience symptoms



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Gonorrhoea

- If left untreated can cause infertility, ectopic pregnancy, PID, testicular pain, infection in prostrate gland. May spread through bloodstream and cause life-threatening infections in other parts of the body
- In pregnancy can cause miscarriage, premature labour, conjunctivitis in the baby

Chlamydia and Gonorrhoea

New STI diagnoses	2019	2020
Chlamydia	229,213	161,672
Gonorrhoea	**70,922**	**57,084**

Results via text, mobile call, letter

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Chlamydia and Gonorrhoea

- Both can be transmitted by vaginal, anal or oral sex, mutual touching, or by sharing sex toys that have not been washed or covered with a condom
- Carried in discharge from penis or vaginal fluid

Chlamydia and Gonorrhoea Qs

1. If someone presents for EHC would you provide a screening kit? What considerations would you take into account? What information would you provide the patient with regarding taking the test and receiving results

Chlamydia and Gonorrhoea Qs

2. Can you/should you provide a test to a pregnant woman?
3. Patient declines the offer of a test, what could be the reason? What would you do?
4. Patient had test 2 weeks ago, what would you advise and what considerations would you take into account?

Chlamydia Treatment

- PGDs
  - Doxycycline
  - Azithromycin
- Asymptomatic patients
- Pharmacist only service
- Training:
  ✓CPPE Sexual Health in Pharmacies
  ✓CPPE Safeguarding Children and Adults
  ✓CPPE combating CSE
- Details entered on Pharmoutcomes
- Payment = £15 per consultation, treatment at DT price

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Doxy v Azith

Doxycycline	Azithromycin
First Line	Second line (if doxy is contra-indicated)
100mg bd for 7 days	1g stat dose, then 500mg daily for 2 days
Age 15 +	Age 15 +

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